**Bowel screening communication options for practices via websites and social media platforms**

**Text 1**

Bowel screening is estimated to save 2,400 lives each year in the UK.

NHS bowel cancer screening is a national programme that can help prevent bowel cancer or find it at an early stage when it is easier to treat. Everyone aged 60 to 74 who is registered with a GP and lives in England is automatically sent a bowel cancer screening kit every two years. The kit is called FIT (Faecal Immunochemical Test) and it is completed at home. The programme is expanding so that everyone aged 50 to 59 years will also be sent a kit. This is happening gradually over 4 years and started in April 2021 with 56 year olds.

Bowel cancer screening can save lives by preventing cancer and detecting early signs of cancer. You will receive a letter in advance of the FIT kit being sent out which will provide more details about the test and how to complete it. There is also an NHS video available on how to do the test which can be seen here: <https://vimeo.com/showcase/6663813>.

If you do not receive your bowel screening letter or need a new kit, please contact 0800 7076069. Alternatively, you can speak to your GP surgery who can order a kit for you.

If you experience any signs or symptoms that are not normal, please get in touch with your GP to discuss further as soon as possible.

**Text 2**

Cancer screening programmes are an extremely important way to prevent cancer or find it at an early stage, when it's easier to treat. Bowel screening is estimated to save 2,400 lives each year in the UK. We want to ensure that every single person who is eligible for a bowel screening in Leeds gets their screening at the earliest possible opportunity.

Bowel cancer symptoms can include, a persistent and unexplained change in bowel habits, blood on or in your poo or bleeding from your bottom and abdominal pain, discomfort or bloating always brought on by eating. To find out more about signs and symptoms, please see: <https://www.nhs.uk/conditions/bowel-cancer/symptoms/>. If you experience any signs or symptoms that are not normal, please get in touch with your GP to discuss further as soon as possible.

NHS Bowel Screening is a national programme that checks for signs of bowel cancer. Everyone aged 60 to 74 who is registered with a GP and lives in England is automatically sent a bowel cancer screening FIT (Faecal Immunochemical Test) kit every two years. The programme is expanding so that everyone aged 50 to 59 years will also be eligible for screening. This is happening gradually over 4 years and started in April 2021 with 56 years. Other age groups will soon be invited.

Bowel screening can save lives by detecting early signs of bowel cancer. You will receive information in advance of the FIT kit being sent out which will provide more details about the test and how to complete it. There is also a video available on how to do the test by the NHS which can be seen here: <https://vimeo.com/showcase/6663813>.

If you do not receive your bowel screening letter or need a new kit, please contact 0800 7076069. Alternatively, you can speak to your GP surgery who can order a kit for you.

You could add relevant links to videos, leaflets or Easy Read information into any of the above communications.

Please feel free to edit/subtract text as per word count and other requirements of specific social media channels

<https://www.macmillan.org.uk/> https://leedscancerprogramme.org.uk/